

## Understanding Student Support and Wellness Services at BCCC

Welcome to Student Support and Wellness Services (SSWS) at Baltimore City Community College (BCCC). Counseling provides opportunities to improve mental, emotional, and relational well-being. We serve as an additional resource to help you achieve your personal and academic pursuits.

Please review and initial the following items, and discuss any questions or concerns that you may have with your counselor:

- [ ] SSWS professionals are legally and ethically required to maintain confidentially of information shared by students in session with these exceptions:
  - If a SSWS staff member believes you are likely to harm yourself and/or another person
  - When there is apparent or suspected indication of physical or sexual abuse or neglect to a vulnerable person such as a child or dependent adult. This includes past or current abuse.
  - We are required to respond to subpoenas or court orders
  - If you sign a request of release of information form

Your record may be shared with other SSWS staff for clinical and administrative purposes. Your SSWS record will never become part of your academic record at BCCC.

- [ ] We provide services to all enrolled full and part-time students. On a case by case basis, students who demonstrate a pattern of successfully attending school may be able to be seen over the summer and winter semesters although they may not be enrolled yet.
- [ ] Students may be referred out to community agencies based upon factors such as expertise of the staff, medication management, and the availability of staff
- [ ] All counseling services are free as part of your tuition and student fees. If a student is referred out to a community agency, it is at the expense of the student. Resources will be provided.
- [ ] Your first visit may last approximately one hour as we sign documents and gather history. Each following appointment lasts approximately 45 minutes. If you are late, your time may be shortened.
- [ ] It is the student's responsibility to attend scheduled sessions and complete any homework given by the counselor. Students are expected to be as open and honest as possible with their counselor to gain the most benefit from the services.
- [ ] In case of a mental health emergency assistance is available 7 days a week, 24 hours a day by calling Baltimore Crisis Response at 410.433.5175. If you are afraid you will not be able to avoid hurting yourself or someone else, seek help immediately by calling 911 or go to the emergency department of the nearest hospital.
- [ ] I give my consent to receive treatment from Student Support and Wellness Services.

## I understand and agree to the terms outlined in this document:

Student signature	Date
Print Student Name	
Counselor signature	Date