

Student Support and Wellness Services at  
Baltimore City Community College along with  
The Black Mental Health Alliance for Education and Consultation, Inc.  
Present

# "Free Yourself" Stop Smoking Program



We offer **FREE**:

Smoking Cessation Classes  
Individual Counseling  
Support Groups  
Patches

## Group Meetings are held in South Pavilion on 1<sup>st</sup> Floor

2600 Liberty Heights Avenue  
(Across from main BCCC campus)

Thursdays: April 10<sup>th</sup>, 2014 3:00p – 5:00p  
April 17<sup>th</sup>, 2014 3:00p – 5:00p  
April 24<sup>th</sup>, 2014 3:00p – 5:00p

Interest  
meeting  
Wednesday,  
April 9<sup>th</sup> in  
Tranquility  
Lounge- MNB  
Room 5. Light  
refreshments  
served!

Please contact the BMHA for additional details, 410.338.2642.



Baltimore City Community College makes every effort to accommodate individuals with disabilities. Students and/or guests who need special accommodations should contact the campus Disability Support Services Center (410-462-8585 or [DSSC@bccc.edu](mailto:DSSC@bccc.edu)) within 14 working days prior to attending a scheduled event. ASL interpreter requests may be made by emailing [DSSC@bccc.edu](mailto:DSSC@bccc.edu) at least four weeks prior to attending a scheduled event.